

# **.Cornish Dance Society Introduction Pack Dance Competitions 2009**

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## **BROOM DANCE::**

### **Formation**

The dancer begins standing with the broom held in right hand, bristles resting on floor, for an eight bar introduction.

### **Steps**

The basic travelling step for this dance is the 'step hop' step.

### **Bars**

All the steps are taken from the Penzance Broom dance (contributed by Mrs Watts) unless otherwise stated.

#### 1 – 8

Using the broom as an axis, dancer circles once around the broom with a 'step hop' step, 16 steps to place, and then place the broom on the floor on the 8th step, with the bristles facing away from you, and the broom handle facing towards you.

### **Step One from Rilla Mill Area (Contributed by Mrs Baker):**

#### 9 – 12 (STEP ONE)

Take four 'step hop' steps around the broom, starting on the right hand side and coming back on the left hand side.

#### 13 – 16 (WEAVING THE BROOM)

Pick up the handle of the broom leaving the bristles on the floor, and kick the right leg over the broom handle, followed by the left in a weaving movement. This should be done eight times, passing the broom handle from one hand to the other as you kick your legs.

### **Step Two from Looe (Contributed by Mr Hedley Martin):**

#### 17 – 20 (STEP TWO)

Step with the right foot to the right of the broom, and kick the left leg to the right, step with the left foot to the left of the broom and kick the right foot to the left. You should do this step eight times, four steps up and broom and four back. You should return backwards, without turning around.

#### 21 – 24

Repeat Bars 13 – 16

25 – 28 (STEP THREE)

Place the right foot on the left hand side of broom and hop, cross left foot to right hand side of the broom and hop. Dance this eight times, four steps up the broom and four steps back again. As with the step from Rilla Mill, you should return to the broom handle backwards rather than turning around.

29 – 32

Repeat bars 13 – 16

**From the Truro Area (Contributed by 9th Truro Guides)**

33 – 36 (STEP FOUR)

Two small jumps with feet straddling the broom, cross legs and repeat. Dancer moves slightly forward during this process. Jump with feet apart again and then jump turning in the air to land with feet apart across the broom facing back the way the dancer came. Return in the same way.

37 – 40

Repeat bars 13 – 16

41 – 48

Repeat bars 1 – 8 to finish. Generally dancers finish with a bow or curtsy at the end. When collected it was suggested that the broom is hoisted onto the shoulder in the last bar and the dancer shouts 'Hoy!'. It is, of course, entirely up to you how you would like to finish the dance!

*Pengughow Glas - Blue Bonnets*

G G D D D G G

G G D D D G G

D D G G D D G

## **BROOM STICK DANCE :**

### **Formation**

Two dancers, facing each other, holding either end of a broomstick, dancer 'A' and dancer 'B'.

### **Step (BASIC STEP)**

The basic step for this dance goes as follows,

Right foot is crossed over left and (still hopping on left foot) tapped:

1. Beside the left foot
2. In front and to the left of the left foot
3. To the right of the left foot
4. Stepping finally on both feet at once side by side.

### **Bars**

#### 1 — 4

Both dancers begin with the basic step (as detailed above) repeated four times.

#### 5 — 8

Dancer 'A' now does eight steps over the broom stick, weaving the stick under and over alternate legs while dancer 'B' repeats basic step as per bars 1—4 above.

#### 9 — 12

Dancer 'B' repeats bars 5 — 8 whilst 'A' does the basic step.

#### 13 — 16

Dancer 'A' now turns slowly using the basic step and passing the stick from hand to hand behind back. The turn should be to the right in a square shape, with one step facing east, one facing south, one facing west and then one to face your partner again. You should pass the broom stick behind your back to do this step.

#### 17 — 20

Dancer 'B' turns while 'A' does the basic step

#### 21 — 22 (KICK STEP)

As collected, dancer 'A' would go down on their haunches (see Lattapuch) to do this next step. However, most Cornish dancers now use a similar step as seen in Mrs Parkyn's Jig, kicking the right then left heels out alternately.



## **COCK IN BRITCHES:**

### **Formation**

Solo dance for ladies. Originally the dance would have been performed using a weeding paddle, but today most Cornish dancers use a broom stick instead.

### **Steps (TRAVELLING STEP)**

On the toes, step on the right, then left, then right toes then kick with the left foot. Then repeat this starting by stepping on the left foot, then right, then left and kicking with the right foot. This step is used throughout the dance, other than for the chorus.

### **Bars**

#### 1 – 2

Begin with four of the above steps on the spot holding the broom stick in your right hand.

#### 3 – 4

Lift the broom stick over your head and place it on you shoulders to imitate the yolk of the seed lip. Imitate throwing seed from the seedlip whilst taking four steps forward.

#### 5 – 6

Lift the broom stick off your shoulders, and with two hands move the stick in small movements from the right to the left, imitating raking the seed whilst taking four steps backwards.

#### (Bars 7–12 are the CHORUS)

#### 7

Again on the toes and with the weight on right foot, point the left foot to left and return to centre. Repeat this with the weight on left foot , and pointing the right foot to the right and returning to the centre.

#### 8

Step back with the left foot, and then bring the right foot to join the right foot. Step forward with the left foot, and step forward with then bring the right foot to meet.

#### 9

Swing once around the broom stick, pivoting on the right foot and pushing with the left.

#### 10

Repeat bar 7

11 – 12

Repeat the swing in bar 8 twice.

13 – 14

Repeat bars 1 – 2

15 – 18

Dance four steps forward and four steps back, this time using the broom stick to make large swinging movements from right to left, imitating cutting the corn with a scythe.

19 – 24

Repeat bars 7 – 12, the Chorus.

25 – 26

Repeat bars 1 – 2

27 – 30

Dance four steps forward and four steps back, this time using the broom stick to imitate the flail, pointing the stick downwards and then upwards as you move.

31 – 36

Repeat bars 7 – 12, the Chorus.

D D D7 G

## **HARVEY DARVEY:**

### **Formation** (HAND HOLD)

Dance for couples, hands held crossed behind backs facing in the same direction. If dancing men and women, the woman should be on the man's right.

### **Steps**

The basic travelling step for this dance is a running step. Further steps are described below.

#### **Bars:**

##### 1 — 4

Eight small running steps forward

##### 5 — 6 (STEP ONE)

Tap outside heels twice and toes twice (i.e. one person's right foot and the other person's left.)

##### 7 — 8

Turn away from each other, still holding hands to face opposite direction using small running steps on the spot.

Bars 1 — 4 and 7 — 8 are then repeated another seven times, and bars 5 — 6 are replaced with a different step each time:

#### **STEP TWO**

Turn back to back, stamp two feet, tap lady's right with the man's left foot. Stamp and repeat with opposite feet.

#### **STEP THREE**

Two jumps forward and two jumps back

#### **STEP FOUR**

Stamp two feet, tap right heel on the floor, stamp again, tap left heel.

#### **STEP FIVE**

Turn back to back, jump with feet apart, jump with feet crossed. Repeat the second time.

#### **STEP SIX**

Jump sideways to the right, to the left, again to right and to the left.

#### **STEP SEVEN**

Heel and toe with right foot, heel and toe with left.

#### **STEP EIGHT**

Man dancing on the spot, the lady dances right around him still holding hands.

Harvey Darvey

D D D D D

D A A G D D A

A7 A7 D G G G

G G G D D C

## **BOSCASTLE BREAKDOWN:**

### **Formation**

Solo dance, performed on the spot except for the introduction.

### **Steps**

Differ according to each bar, please see bars section below.

### **Bars**

#### 8 Bar Introduction

Walk in a circle using a heel toe step, finish in centre with two stamps.

This introduction has come and gone with fashion on the Cornish dance scene, and is not included on DVD One though it is still very much a part of the dance as it was collected.

Bars 1—16 are the CHORUS STEP.

#### 1—8

Jump three times on the spot with both feet. Then step on left foot and kick the floor along side of the left foot with ball of right foot. Repeat this four times.

#### 9—16

Repeat bars 1— 8 but stepping on the right foot and kicking with the left.

#### 17 — 19 (SHUFFLE STEP)

Step on left foot and shuffle with the right (this is a slow shuffle moving from the hip and with the whole foot beginning with the toe contacting the floor in both forward and backward directions). Step on right foot and shuffle left in the same way. Repeat this three times.

#### 20 (STEP ONE)

Step on both feet, raise heels and 'click' together.

#### 21— 24

Repeat bars 17 — 20

#### 25 — 27

Repeat bars 17 — 19

#### 28 (STEP TWO)

The double shuffle, which is simply the shuffle outlined in bars 17 — 19 at double speed.

29 — 32

Repeat bars 25 — 28

33 — 48

Repeat bars 1—16

49 — 51

Repeat bars 17 — 19

52 (STEP THREE)

Step backwards with the left foot and the backwards with the right foot. Then step forwards with the left foot and forwards with the right foot.

If danced on the barrel this part would be stepping back onto the rim, so the step isn't too big.

53 — 56

Repeat bars 49 — 52

57 — 59

Repeat bars 17 — 19

60 (STEP FOUR)

Roll backwards onto the heels of your feet and tap your toes together, then roll forwards onto the toes of your feet and tap your heels together.

61 — 64

Repeat bars 57 — 60

65 — 80

Repeat bars 1 — 16

81 — 83

Repeat bars 17 — 19

84 (STEP FIVE)

Slide the left and right toes away from each other, then slide the left and right heels out. Slide the heels back in again, and then the toes back in again into a standing position. Your feet should not leave the floor for this step.

85 — 88

Repeat bars 81 — 84

89 — 91

Repeat bars 17 — 19

92 — 96 (STEP SIX)

Step with both feet, jump clicking heels in the air and land with feet slightly apart six times, stamp left then right foot on the second and third beat of the last bar, finishing with feet together. The music should speed up at the end for this.

*Boscastle Breakdown*

G C G D7

G C D7 G

G C G B

D7 G C G

D7 G



## **MRS PARKYN'S JIG:**

### **Formation**

A dance for at least two dancers facing each other, 'Side 1' and 'Side 2'.

### **Steps**

The steps for this dance alternate between:

- (1) The basic shuffle step (SHUFFLES)
- (2) Three other steps (SHUFFLES INCLUDING INDIVIDUAL STEPS):
  - A Shuffle right foot, shuffle left foot. Move the right foot back and the tap toe on floor, then left move the left foot back and tap toe on floor.
  - B Shuffle right foot shuffle left foot. Swing the right foot to the right side, and then the left foot to left side.
  - C Shuffle right foot, shuffle left foot. Kick the right heel forward, then kick the left heel forward (this step should be a strong contrast to the basic step).

### **Bars**

1 – 8

All form a circle performing the basic shuffle step (dancers divide into two sides during last couple of bars).

9 – 16

Side 1 perform step A four times.

17 – 24

Side 2 perform step A four times.

25 – 32

Side 2 perform step B four times.

33 – 40

Side 1 perform step B four times.

41 – 48

Side 1 perform step C four times.

49 – 56

Side 2 perform step C four times.

57 – 64

Side 2 perform step A four times.

65 — 72

Side 1 perform step A four times.

73 — 80

Side 1 perform step B four times.

81 — 88

Side 2 perform step B four times.

89 — 96

Side 2 perform step C four times.

97 — 104

Side 1 perform step C four times.

105 — 112

All perform the basic shuffle step, if preferred joining into a circle again to end.

*Mrs Parkyns Jyg (Jim Pengelly)*

The musical score for 'Mrs Parkyns Jyg' is written in 6/8 time and consists of four staves of music. The first staff begins with a repeat sign and contains four measures with chords C, G, C, and G. The second staff contains four measures with chords G, F, C, and Am. The third staff contains eight measures with chords G, F, G, Am, F, C, Dm, and Am. The fourth staff contains four measures with chords F, C, G, and Am.

# LATTAPOUCH:

## Formation

Dance for two people, each dancing around a shoe, old hat, beer glass (full) or similar object (or object of your choice - the example of a shoe or hat is generally used as it appears in the song).

## Steps

The shuffle step in Lattapuch is slower and more relaxed than that in Boscastle Breakdown. The emphasis is more on the shuffle than the step preceding it.

## Bars

### (A)

1 – 4

The first person dances around shoe using eight of the above shuffle steps.

5 – 8

The second person copies this but around the hat.

### (B)

9 – 12

First person goes down on their haunches and kicks their feet out alternately as if doing a Russian 'Cossack' dance. This is in effect the challenge which the second person must copy.

13 – 16

The second person accepts the challenge and copies.

The dance is repeated, with the first person improvising new challenges for bars 9 – 12.

*Porthlystry*

1.

D G A7 D

2.

D D G A7 D A7

D G A7<sub>16</sub> A7 D

## **BOLINGEY FURRY**

### Formation:

Couples in a processional formation.

### Hold:

Hold inside hands with the man on the lady's right hand side.

### Step:

'One, two, three hop' step throughout.

The dance has a basic 'chorus' which is the procession, and three separate 'verses' marked 'A', 'B' and 'C' below.

### Bars

1 - 7 Dance 7 steps forward in a procession.

8 Turn to face your partner.

9 - 12 Lady turns under the man's arm, man turns under the ladies arm (continuing to use 'one, two, three hop step').

13 -16 Swing your partner, right arm on your partners waist, left arm on your partner's right elbow.

The whole dance is repeated with bars 9 - 12 varying as follows:

9 - 12 Take two hands with your partner. Dance one step towards the left (your partner's right) and one step to return to place. Repeat to the left.

9 - 12 Use 4 steps to dosy-do with your partner.

*Bolingey Furry*

The musical notation is presented in three staves. The first staff contains 8 measures of music, the second staff contains 12 measures, and the third staff contains 4 measures. The music is in 2/4 time and has a key signature of one sharp (F#). The notation includes various rhythmic values such as quarter notes, eighth notes, and sixteenth notes, along with rests and bar lines.

## MR MARTIN'S REEL:

### Formation

Dancers stand in a tight circle with hands resting on the nearest shoulders of dancers on either side.

### Steps (TRAVELLING STEP)

Using the ball of the right foot, kick the floor, and then step a pace to the right with the right foot and follow by bringing the left foot to meet the right.

### Bars

1 – 4

The above step is repeated seven times to right then stamp on the left foot (i.e. last part of seventh step) and then on right foot.

5 – 8

Repeat above steps to the left.

9 – 10

Repeat the above steps to the right again, this time with only three shuffles, and then the 'stamp stamp' at the end.

11 – 12

Repeat bars 9 – 10 to the left.

13

Repeat the above steps to the right again, this time with only two shuffles and no 'stamp stamp' at the end.

14

Repeat bar 13 to the left.

15 – 16

Repeat bars 13 – 14

Repeat as often as wished, with the music gradually getting faster. As the music speeds up the stamp step can be used to 'brake' for the change in direction.

### *Myghtern Sweden - King of Sweden*

D G D D A7 D D A7 G A7

G A7 D A7 G D D

A7 D

# THE TRIUMPH

## Formation

A three couple long ways set.

## Step

A Stamp Hop step throughout.

## Bars

### (A)

1 - 8

First Lady and second man lead down the centre of the dance while first man crosses the set and goes down behind the ladies. First and second man bring lady back up the centre - lady holds outside hands of both men, they join inside hands to form an arch over her head. First lady is returned to her place.

9 - 16

Repeat bars 1 - 8, this time with second lady and first man leading down the set and second man crossing to go down behind the ladies.

### (B)

17 - 24

Head Couple lead down the set and return.

25 - 32

Head couple swing down the set (elbow link) and as they pass each couple casts UP the set and swings until all the couples are swinging.

Dance is repeated three times

*Syans Den Bal / Tinnars Fancy* Trad

The musical notation is presented in five staves. The first staff starts with a double bar line and a repeat sign. The melody is written in a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The music consists of eighth and sixteenth notes, with several triplet markings (indicated by a '3' below the notes). The piece concludes with a double bar line and a repeat sign.

# SEATON FURRY

Gentleman holds lady's left hand in his right at comfortable shoulder height.

Bars

1—2 Two steps forward

3—4 Continuing to travel, lady passes in front of man to his left hand side.

5— 6 Two steps forward

7— 8 Continuing to travel forward the lady passes back in front of man to right hand side. First couple turn to face second couple.

9—10 Dancers step into middle and reverse out to position previously held by dancer on left.

11—12 As per 9 10

13- 14 As per 9 10

15- 16 As per 9 10 so that dancers have returned to original places.

Dance is repeated as often as desired.

Seaton Furry

Mike Hartland

The musical notation is written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. It features a mix of eighth and quarter notes, with some beamed eighth notes. First and second endings are indicated by brackets and numbers 1 and 2 above the notes.